



Indiana Physical Therapy is dedicated to providing quality therapy to our patients in a timely and cost effective manner. We promise to provide prompt and courteous service, ongoing health education, expertise, and rehabilitative services with real results at each of our clinics.

INDIANA PHYSICAL THERAPY

**NO REFERRAL
NEEDED**



**CALL TO SCHEDULE AT ANY OF OUR
LOCATIONS THROUGHOUT INDIANA:**

FORT WAYNE AREA: (260) 209-2464

INDY AREA: (317) 449-2333

MICHIANA: (574) 931-2802

OPEN 7AM-7PM

ACCEPTS ALL INSURANCES

GUARANTEED APPTS WITHIN 24 HOURS



**INDIANA
PHYSICAL THERAPY**

Where people go to get better

WWW.INDIANAPT.COM

WHAT IS DIRECT ACCESS

Direct access gives you the power to decide if you need physical and/or occupational therapy without having to get a referral first. In the United States, each state controls physical therapy services through a "state-practice" act. In Indiana, we have had direct access since 2013.

WHAT DOES THAT MEAN FOR ME



NO referral needed

See PT first for an injury or pain without having to see your medical provider for a referral.



INSURANCE reimbursement

Most insurances cover direct access to physical and occupational therapy (excluding Medicare).



FASTER results

The sooner an injury is treated, the sooner you see results. PT may evaluate and treat without expensive diagnostic tests.

For direct access in Indiana, the following provisions apply to providing PT and OT services:

- Therapist may evaluate and treat for no more than 42 calendar days, beginning with the date of the initial treatment, without a referral. If additional treatment is needed after 42 days, the PT will need to obtain a prescription from the patient's medical provider.

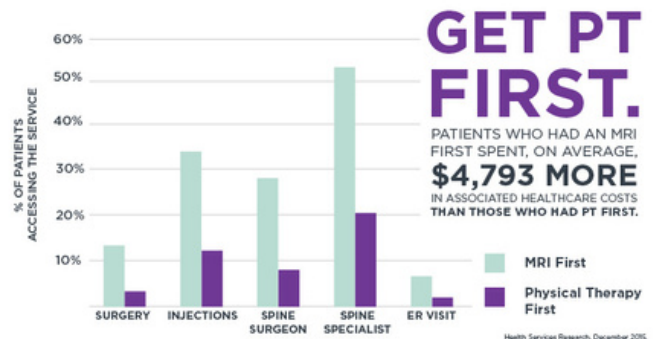
All information from inapta.org and apta.org

WHY DIRECT ACCESS

Direct access enhances the practice of physical/occupational therapy and the care given to patients.

Direct access allows patients to:

- Save valuable time and money otherwise spent obtaining referrals.
- Develop more collaborative relationships with other health care professionals.
- Easier access to necessary care.
- Improves outcomes, meaning you get better faster.



A study comparing direct access and traditional access to care identified similar outcomes, no adverse events, and lower cost of care with significantly lower medical costs—an average of \$1,543 less per patient than those who chose to obtain physician referral first. The study was e-published ahead of print in the Journal of Orthopaedic and Sports Physical Therapy (Feb 2018).