



Indiana Physical Therapy is dedicated to providing quality therapy to our patients in a timely and cost effective manner. We promise to provide prompt and courteous service, ongoing health education, expertise, and rehabilitative services with real results at each of our clinics.

CALL TO SCHEDULE AT ANY OF OUR LOCATIONS THROUGHOUT INDIANA:

FORT WAYNE AREA: (260) 209-2464

INDY AREA: (317) 449-2333

MICHIANA: (574) 931-2802

OPEN 7AM-7PM

ACCEPTS ALL INSURANCES

GUARANTEED APPTS WITHIN 24 HOURS

INDIANA PHYSICAL THERAPY **BALANCE AND VESTIBULAR REHABILITATION**



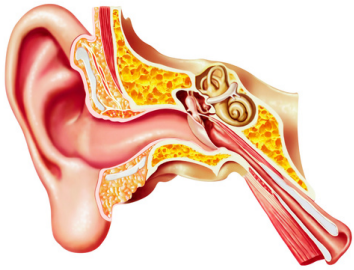
**INDIANA
PHYSICAL THERAPY**

Where people go to get better

WWW.INDIANAPT.COM

VESTIBULAR DISORDER

Dizziness, vertigo, and imbalance are very common symptoms reported to physicians. There are many causes for these symptoms, but a large percentage are caused by a problem with part of the inner ear and brain that helps control eye movement and balance, known as the **vestibular system**. Disease and injury may damage this system, resulting in a vestibular disorder.



COMMON CONDITIONS

- Benign Paroxysmal Positional Vertigo (BPPV)
- Unresolved vestibular disorders due to infections, trauma, surgery, stable diseases/tumors
- Non-specific vestibular disorders
- Migraine-Associated Vertigo (MAV)
- Post-concussion injuries
- Central vestibular disorders

INDIANA
PHYSICAL THERAPY

SYMPTOMS OF A VESTIBULAR DISORDER

An individual may experience a variety of symptoms, ranging from mild to severe, and may begin suddenly or gradually over time. Below are some of the symptoms that you may be experiencing:

- Dizziness
- Vertigo (room-spinning sensation)
- Light-headedness
- Unsteadiness
- Sensitivity to bright lights and noises
- Headaches
- Falling or fear of falling
- Vision problems
- Nausea and vomiting

WHAT IS VESTIBULAR REHABILITATION?

Vestibular rehabilitation is a specialized form of physical therapy with the goal to alleviate symptoms due to vestibular disorders by retraining the vestibular system. Therapists will teach you how to manage your symptoms and provide exercises to decrease symptoms so you may return to your prior way of life.

Whatever your diagnosis, our staff has a wealth of industry experience and knowledge to help get you through. If you are down due to pain, it's time to come see us!